



Sauk Centre Public Schools

All Sport/Activity Information - 2023

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www.isd743.org/domain/37

We hope you all are having a great summer! Our All Sport Kickoff will be Thursday, August 10 at 7:00pm. All students who plan to participate in any activity or sport throughout the year should plan to attend. Please see the information below regarding grades 7-12 sports and activities for the 2023-2024 school year.

Each individual team/program will have a preseason meeting, which will include students, parents, and coaches following the All Sport Kickoff. See below for the dates/times/locations for each fall sport/activity preseason meeting. Winter and spring activities will have their meetings just prior to their seasons beginning.

Fall Activity Preseason Meeting Dates - Thursday, August 10 after the All Sports Kickoff

- Grade 7-8 Volleyball - Room 1
- Grade 9-12 Volleyball - Room 301A
- Grade 7-8 Football - The Shelby
- Grade 9-12 Football - Room 301B
- Grade 7-12 Cross Country - Room 25
- Grade 7-12 Tennis - Room 6
- Fall Musical will have auditions Thursday, September 7th at 3:30 pm and Friday, September 8th at 6:55 am. Please pick one session to audition.

****If you are unable to attend the meeting, please contact the coach listed in the [Sauk Centre Coaches Directory](#).**

2023-2024 Practice Start Dates **Specific schedules will be provided by the coaches at the team meetings.

Mon, August 14:

- 9-12 Football - 5:00 pm, Volleyball - 7:30 am
- 7-12 Cross Country - 6:00 pm, Girls Swimming - 7:30 am and Girls Tennis - 9:00 am

Thur, August 17:

- 7-8 Football Equipment handout - 10:00 am in JH boys locker room

Mon, August 21:

- 7-8 Football - 10:00 am and Volleyball - 3:00 pm

Sauk Centre Activities Calendar

- https://www.westcentralconference.org/g5-bin/client.cgi?school_id=55
 - Up-to-Date Calendar (with postponements, cancellations, reschedules)
 - "View Schedules" for each activity ("Subscribe to selected schedules to automatically download to your calendar")

- “Notify Me” Sign-Up Option - will allow you to get immediate notification as soon as any changes are made for any competitions for the sport and levels you sign up for
- Location Maps and Directions
- Online Tickets
- Live Stream Links (if available)
- Link to the Activity Registration Page
- Helpful hint: If you lose the link above, it is the calendar icon on the district webpage homepage.
- The activity calendar is also accessible with the “rSchool Today” app.

Sauk Centre Sports/Activities on Social Media

- Sauk Centre Mainstreeter Activities on Twitter: [@Sauk_Activities](#)
 - Announcements/Reminders
 - Photos
- “Sauk Centre Schools Facebook Page: <https://www.facebook.com/SaukCentreSchools>
 - Announcements/Reminders
 - Photos/News
- SC Activities on YouTube: [youtube.com/SCActivities](https://www.youtube.com/SCActivities)
 - Livestreaming

Season Passes

Season passes will once again be sold online and obtained electronically through [Vanco](#). Passes will be available for purchase beginning August 1 and can also be purchased in the Activities Office if you prefer to pay with cash or check.

Student Accident Insurance

Our School District has partnered with Student Assurance Services to give families the opportunity to purchase accident insurance for their student(s). When enrolled, this coverage provides financial assistance with your out-of-pocket medical expenses should your student sustain an accidental bodily injury. To enroll your student and review medical benefits visit: www.sas-mn.com.

Sports Boosters

Sports Boosters is open to everyone who is interested in learning about the Mainstreeters activities. Anyone who wants to be involved and help out with Mainstreeter activities is welcome to join. Please contact Mary Lieser at marylieser1472@gmail.com

Online Activity Registration

Activity Registration will open August 1st for 2023-2024 grade 7-12 athletics and activities! All registration must be done online. You can pay with a credit card online in the [Revtrak Store](#) or you can bring cash/check into the activities office. All new physical forms can be emailed to Angie (angie.christians@isd743.org) or dropped off in the activities office.

If you already have a family account, please login and sign-up your students for this year. If you don't have a family account yet, please create one and get started. If you have any problems or questions, or can't get logged in, please contact Angie!

A few helpful hints for the online registration:

- Students can only be in one Family Account
- If you are registering a student for the first time, make sure you are clicking on the blue word "Register" to begin the process
- You can register for all the student's activities at once for the year, or you can do it season-by-season. Please only pay for the season we are currently in.
- In your account there is an "Important Dates" tab that will have your student's physical date and expiration date listed
- Please make sure all info is correct and updated as you click through the registration pages

These Items Must be Completed To Be Eligible To Practice:

1. Complete the Online Registration - <https://saukcentre-ar.schooltoday.com>

2. Pay the activity fee (either in the RevTrak online store with a credit card or by bringing in a check/cash to the Activities Office prior to the first day of practice). If you qualify for free/reduced lunches, make sure you sign and return the Waiver of Confidentiality form so the Activities Office is notified of your status. Reduced fees may only be paid in the activities office.

- Sport/Activity Fees for 2023-2024:
 - Athletic Fees - Grades 9-12: \$150 per Sport
 - Athletic Fees - Grades 7-8: \$95 per Sport
 - Non-Athletic Fees - Grades 9-12: \$60 per Activity
 - Non-Athletic Fees - Grades 7-8: \$40 per Activity

3. For athletics, make sure you have a current sports physical on file in the Activities Office. (They are good for three years)

*If you need an updated physical: Print the 2023-2024 Sports Physical Form from the activities link under "Forms" on the school website. Bring it with you to your sports physical appointment. Once completed with your physician, please email it to angie.christians@isd743.org or drop it off in the activities office..

If you are not sure if you have a current physical on file, please look under the "Important Dates" tab in your family registration account. If you have any questions, contact Angie Christians at 320-352-2258 ext 4006. DO NOT DELAY.